

Services for the Soul...



Available by appointment

To book: email info@soulbuilder.com.au or call 0418 545 506

PROFILE



Judith Waller, Spiritual Life Coach

Founder and Principal of Soul Builder, Judith is the author of *Living in Bliss! 10 secrets of a soul-full life*. She is a Certified Professional Coach, Certified Soul Coach, Reiki Master and Ra-Sheeba Master, and has expertise in a variety of spiritual practices and healing modalities.

Her spiritual journey has included the study of meditation with a Tibetan Buddhist Master, Soul Education with the International Academy of Melchizedek, and a special interest in Ancient Egyptian and Native American traditions.

A gifted intuitive, Judith will use her creativity and insight to guide and support you to identify and build on your strengths, and reveal and follow your soul purpose. Truly one who has "done the work", she will help you to find meaning and fulfilment in your life and work, and acquire the skills needed to make lasting changes.

Browse Judith's website at www.soulbuilder.com.au for more info. She publishes a free monthly ezine, with motivational articles and practical strategies to help you connect with the guidance of your soul; and also writes a blog, with reflections and tips for enjoying a soul-fully rich and fabulous life.

SERVICES

Tune-up for the Soul



Relax, rejuvenate and activate your soul purpose...

Feeling stressed and out of balance? Having trouble turning off your busy-busy mind and reaching that tranquil place within? Then you need a **Tune-up for the Soul!** Switch off the cacophony and connect with your soul essence in this Divinely guided session, specially designed to clear blockages, restore balance and activate your soul purpose. Filter out the static and tune into the serenity of your soul...

1 x 90 min session

\$150 (incl. GST)

Soul Coaching®



Cleanse, declutter and reinvigorate your life...

Do you find it hard to stay relaxed and centred? Does your daily life feel cluttered and weighed down by old baggage? **Soul Coaching®** is a rewarding four-week journey of cleansing and reinvigorating your life, taken on your own or with a small group. Be gently guided and supported to connect with the elements of Air, Water, Fire and Earth, and detox mentally, emotionally, spiritually and physically.

4 week individual program

\$650 (incl. GST)

4 week group program

\$440 (incl. GST)

Soul Renewal™



Give yourself a complete soul-full life makeover...

Are you ready to create the soul-full life you really want? Then **Soul Renewal™** is for *you!* This program is an inspiring and profound process of transformation and regeneration, individually tailored to guide you to find and follow your soul life path. Over a period of twelve weeks, you will move through three major steps: *Illuminate...* Where am I now? *Create...* Where am I going? *Transform...* How will I get there? This is the pathway to a whole new you...

12 week individual program

3 x \$600 per mth (incl. GST)